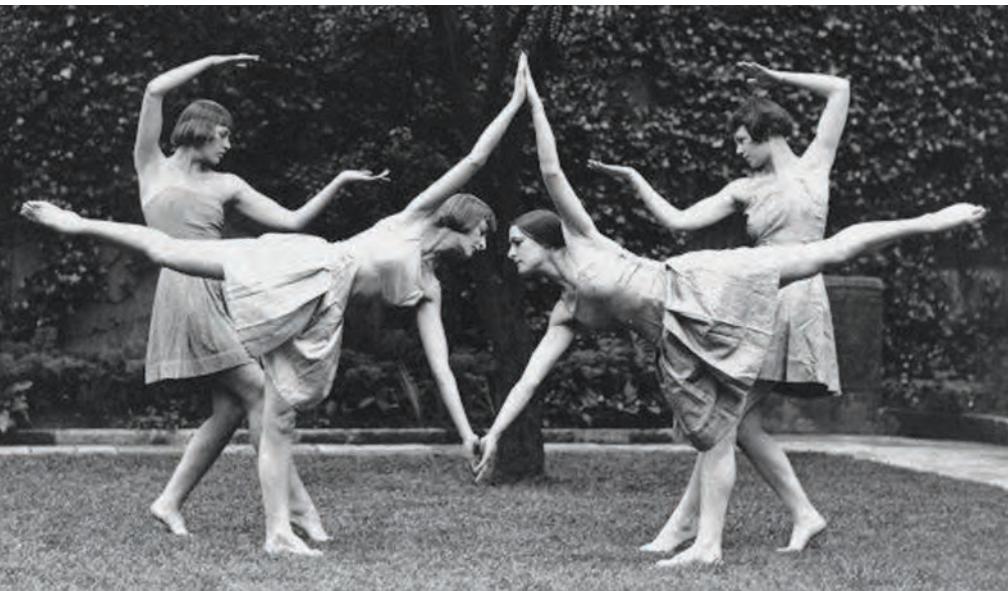




# DEVELOPING PATTERNS OF MOVEMENT

ANNA CRAYCROFT



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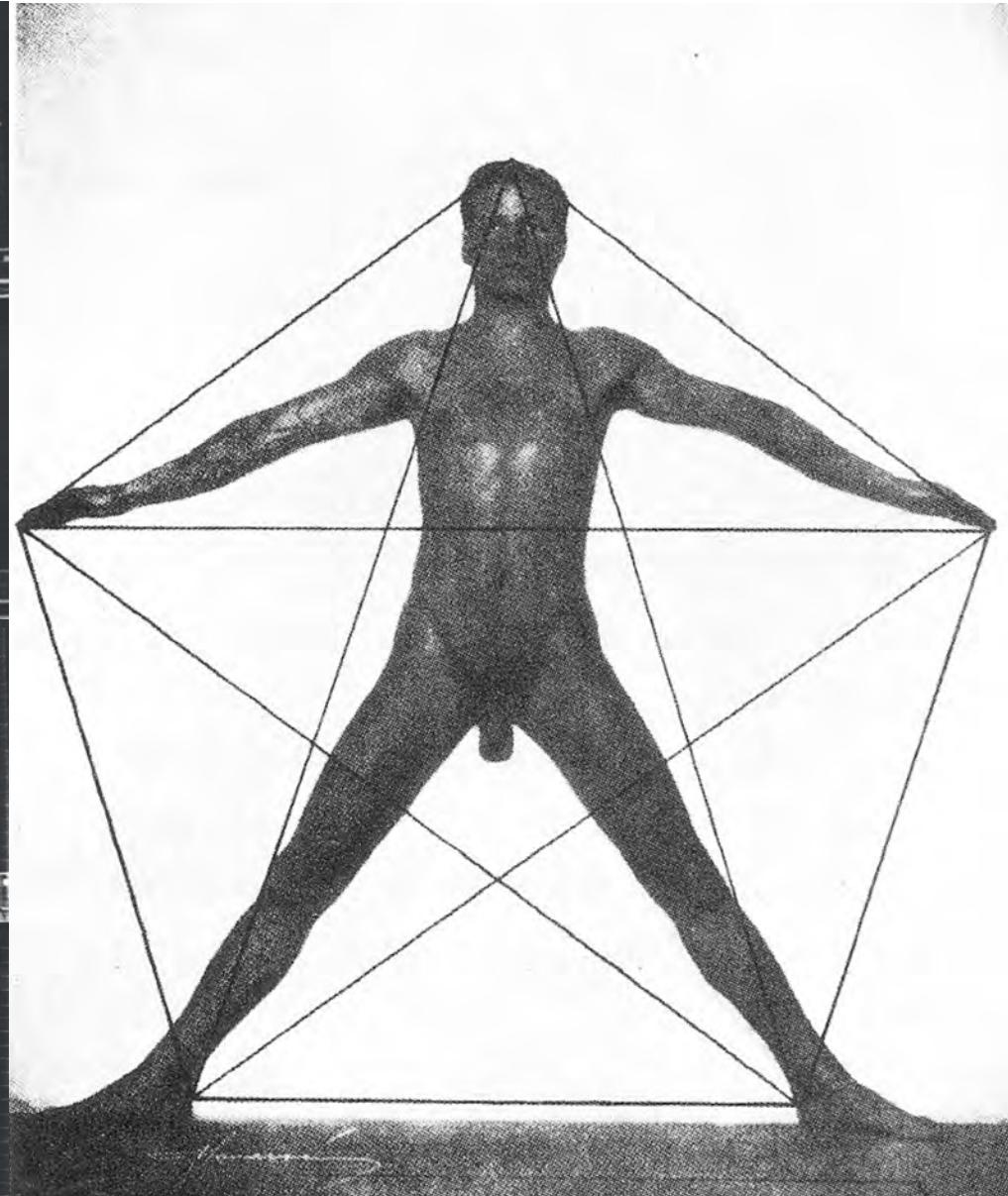
MEASURING THE IMPACT WE HAVE ON ONE OTHER  
THROUGH THE BEAUTIFULLY REPETITIVE SYMMETRIES  
OUR BODIES FORM WHEN WE MOVE TOGETHER

by Anna Craycroft

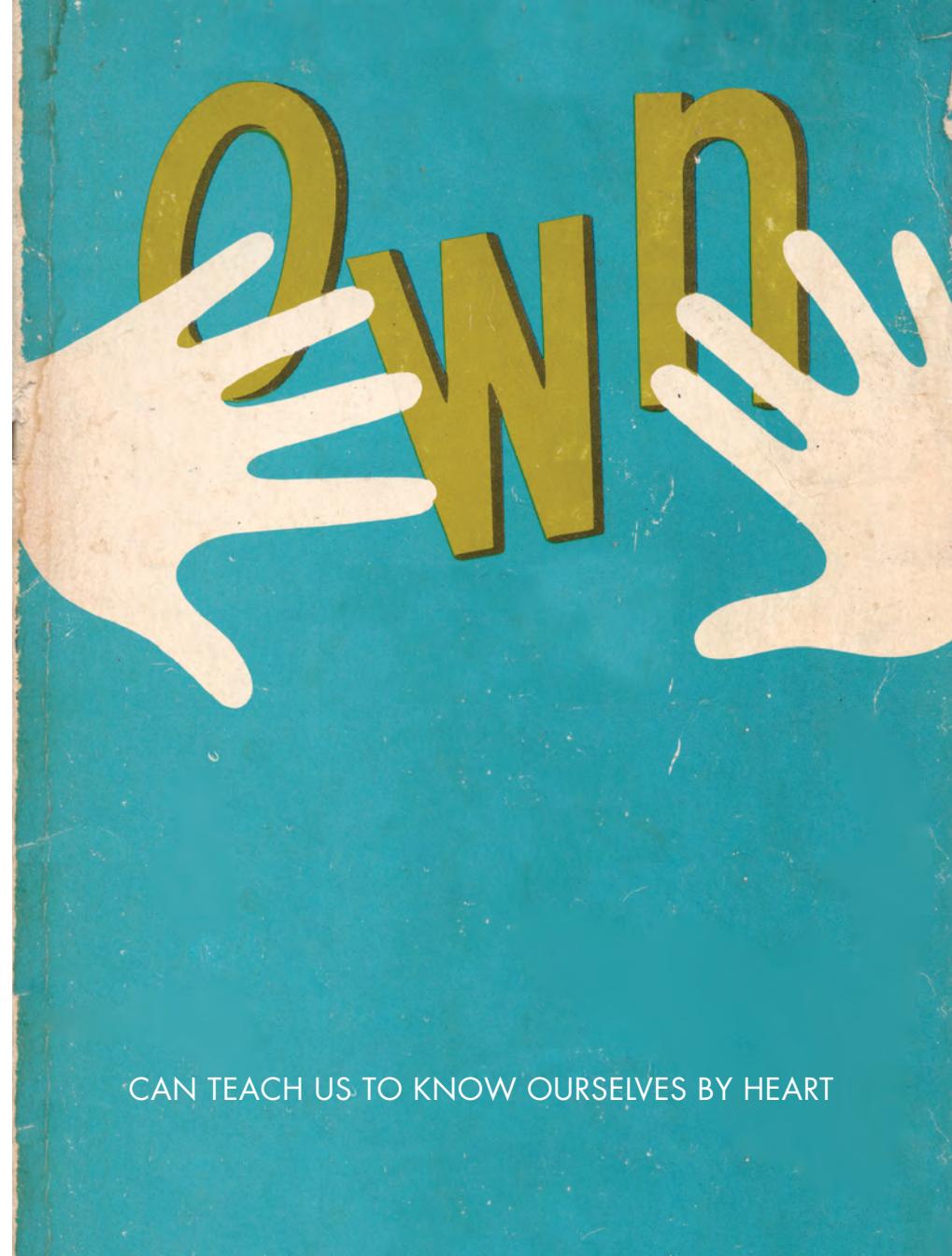
FOR EVERY ACTION THAT OUR BODIES CAN MAKE



WE MAY RECOGNIZE A PARTICULAR SHAPE



MEMORIZING EACH INDIVIDUAL PART



CAN TEACH US TO KNOW OURSELVES BY HEART



AND AS THESE PARTS  
FIT TOGETHER JUST SO

THE MOVEMENTS THEY MAKE  
DIRECT THE WAYS THAT WE GO



Pigeon steps



Duck steps



Baby crawls

Star jumps



Giant steps



Froggy jumps



Baby steps

Spin jumps



1-legged hops

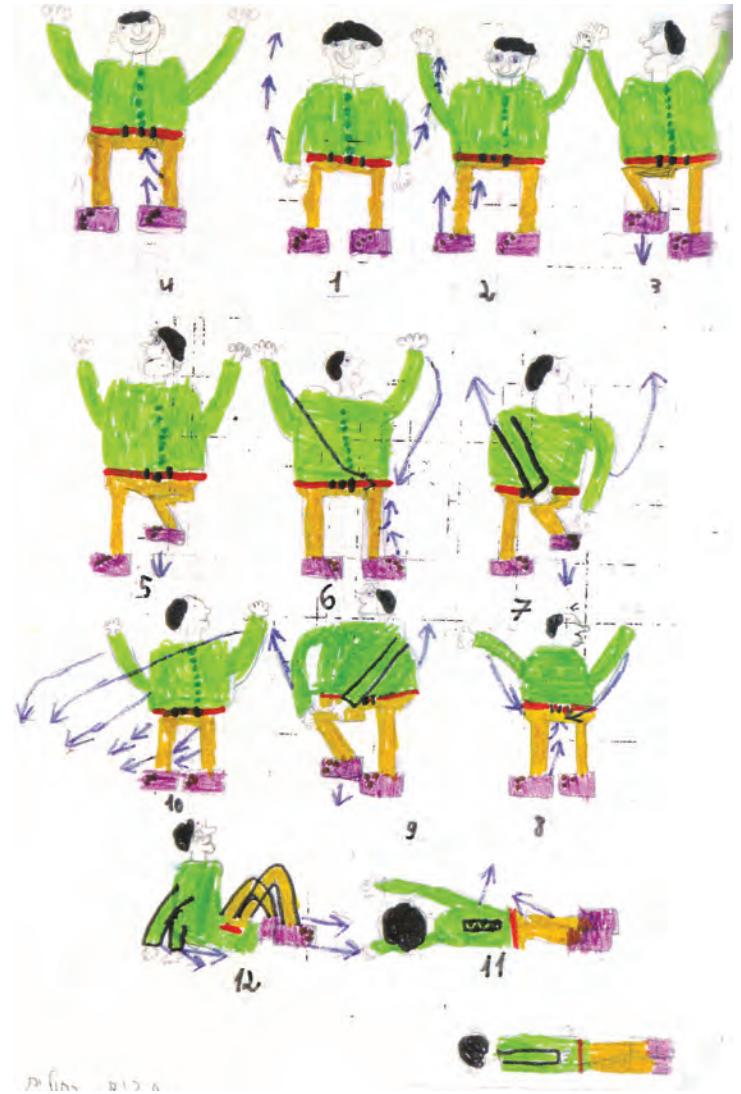


Double scissors



2-legged hops  
(bunny/kangaroo)

REPEATING THESE MOVEMENTS  
TRANSFORMS THE SIMPLEST ACTS



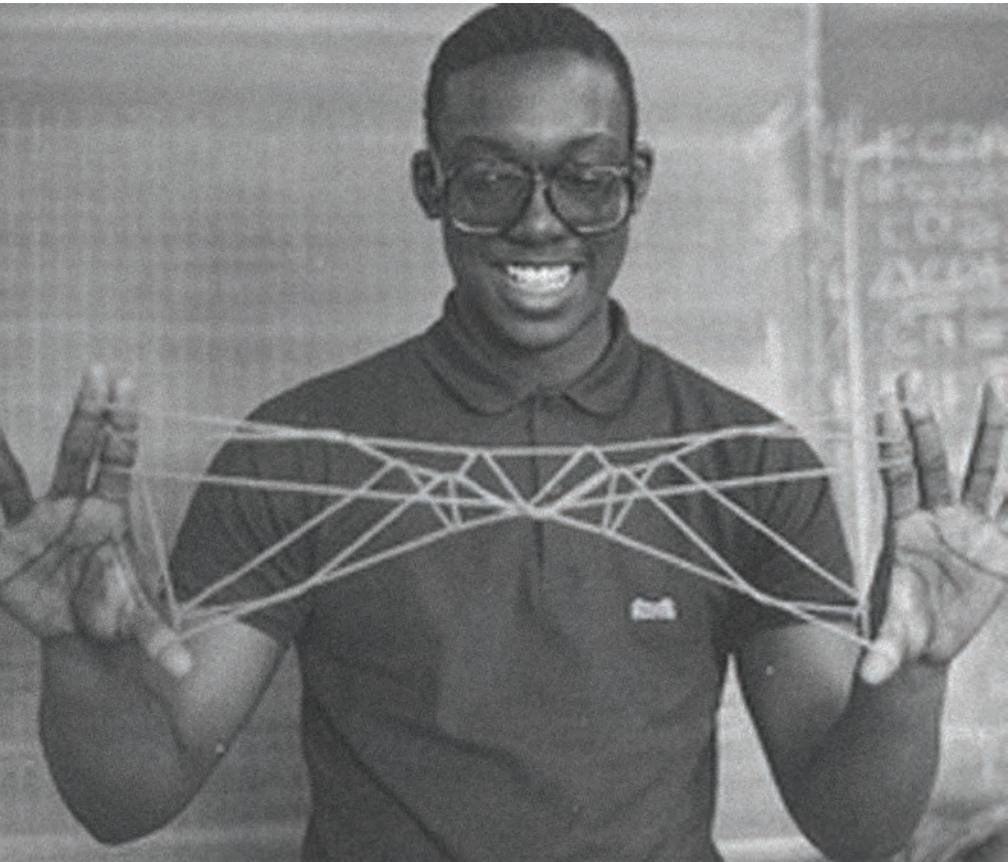
FROM OFFHANDED GESTURES  
INTO EVERYDAY FACTS

THE FACTS MEASURE CHOICES  
THAT THEN WILL DETERMINE

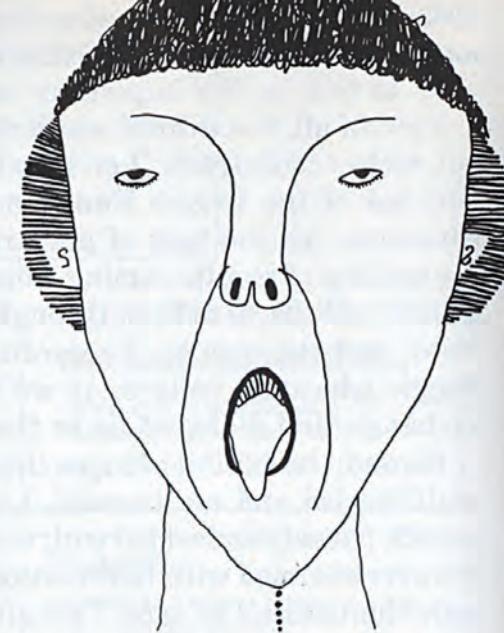


THE PATTERNS OUR LIVES MAKE  
THROUGH PRACTICE AND LEARNING

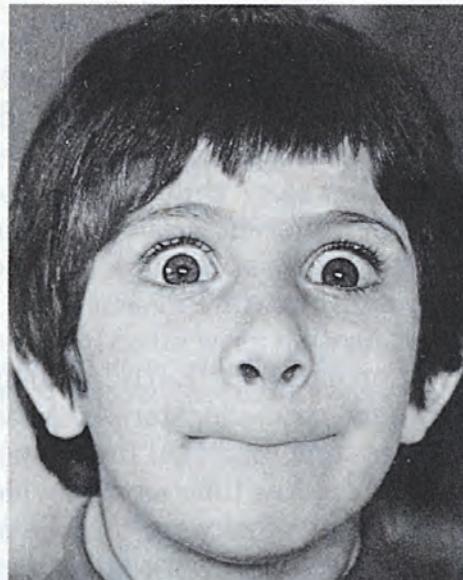
AND BY USING THESE MEASURES  
WE CAN NOW RECOGNIZE

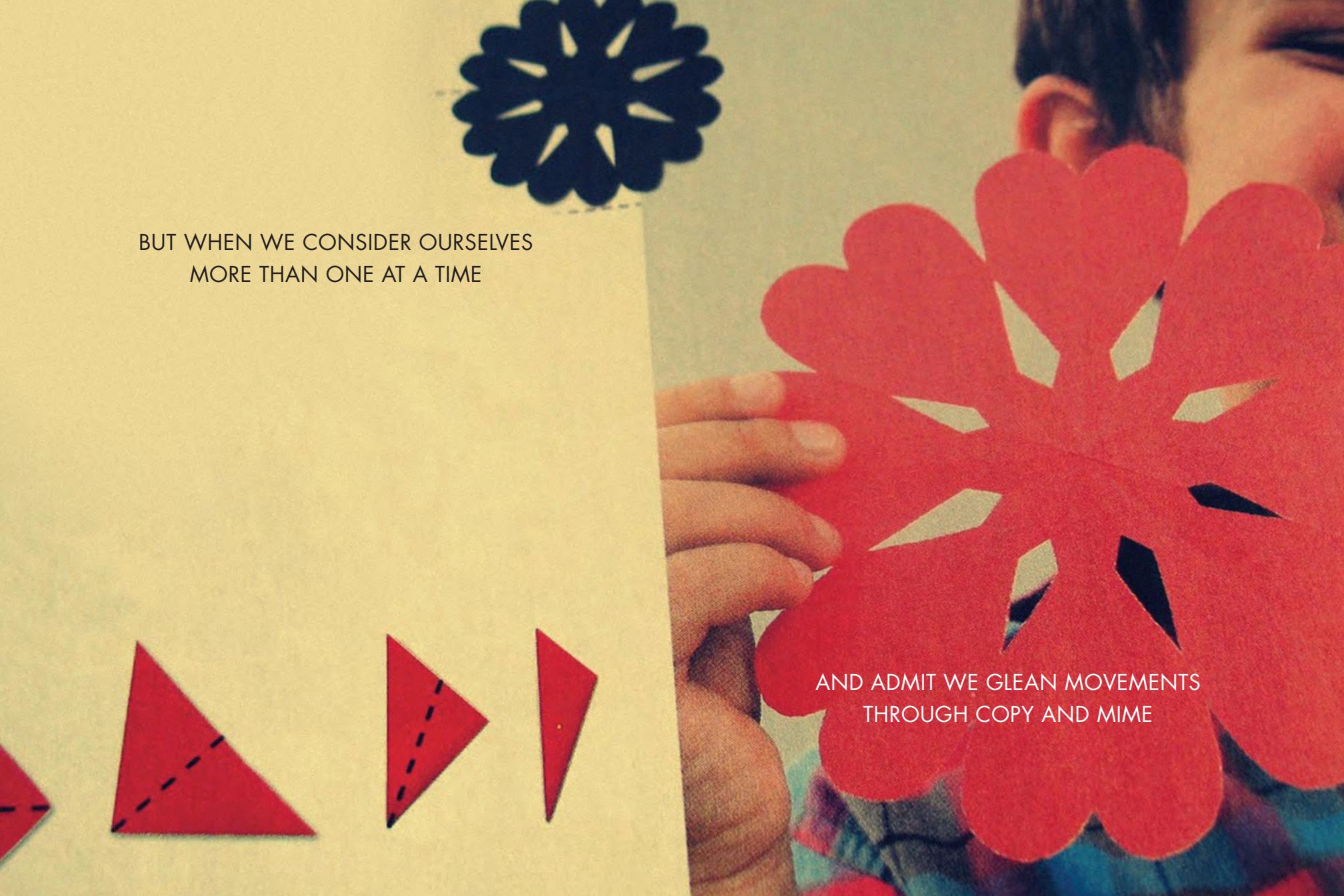


HOW I TALK WITH MY HANDS



AND YOU SMILE WITH YOUR EYES.





BUT WHEN WE CONSIDER OURSELVES  
MORE THAN ONE AT A TIME

AND ADMIT WE GLEAN MOVEMENTS  
THROUGH COPY AND MIME

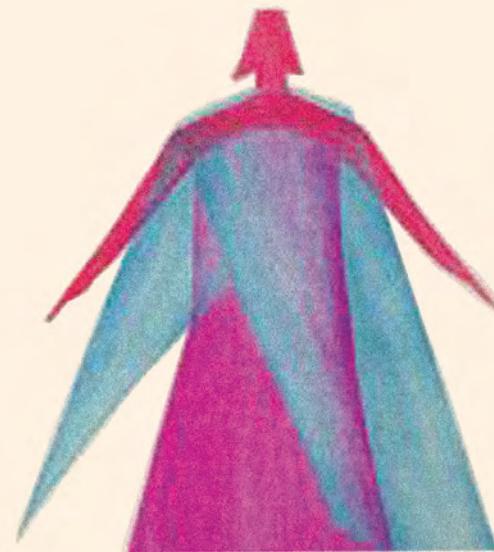
WE DISCOVER QUITE PLAINLY  
THAT OUR ACTIONS ALONE



REVEAL THROUGH OUR BODIES  
ALL THE PEOPLE WE'VE KNOWN



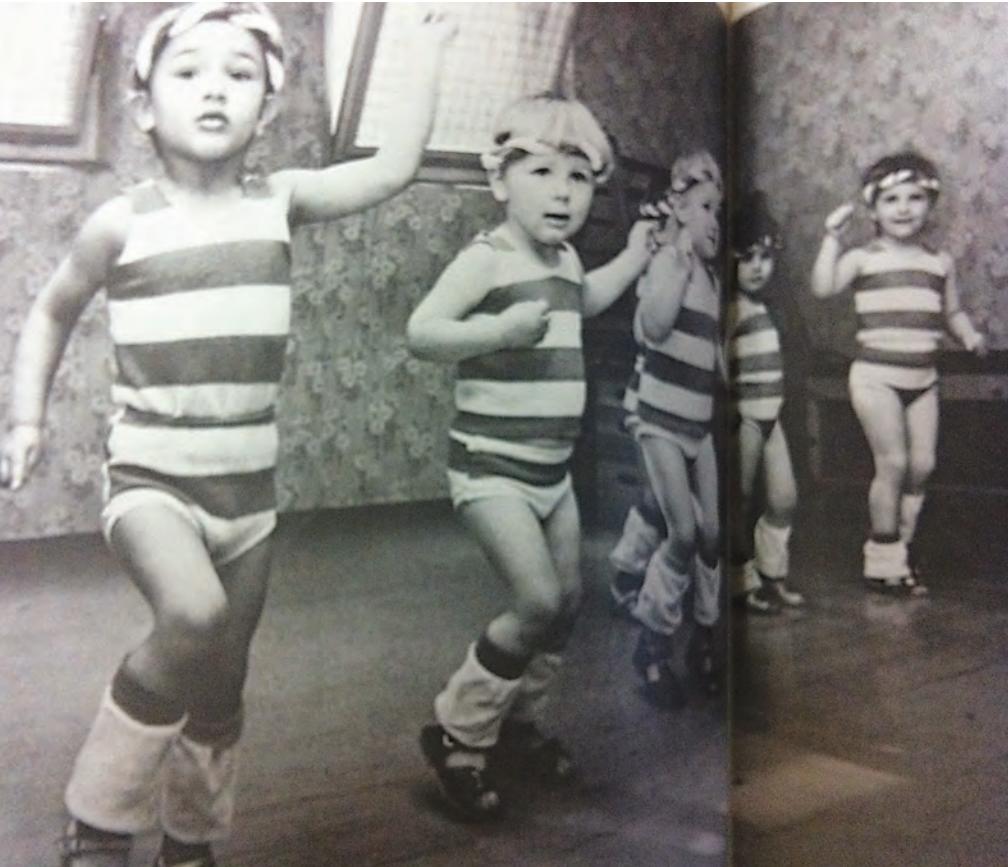
THE PATTERNS WE'VE FORMED  
FROM SYMMETRIES DEEP INSIDE US



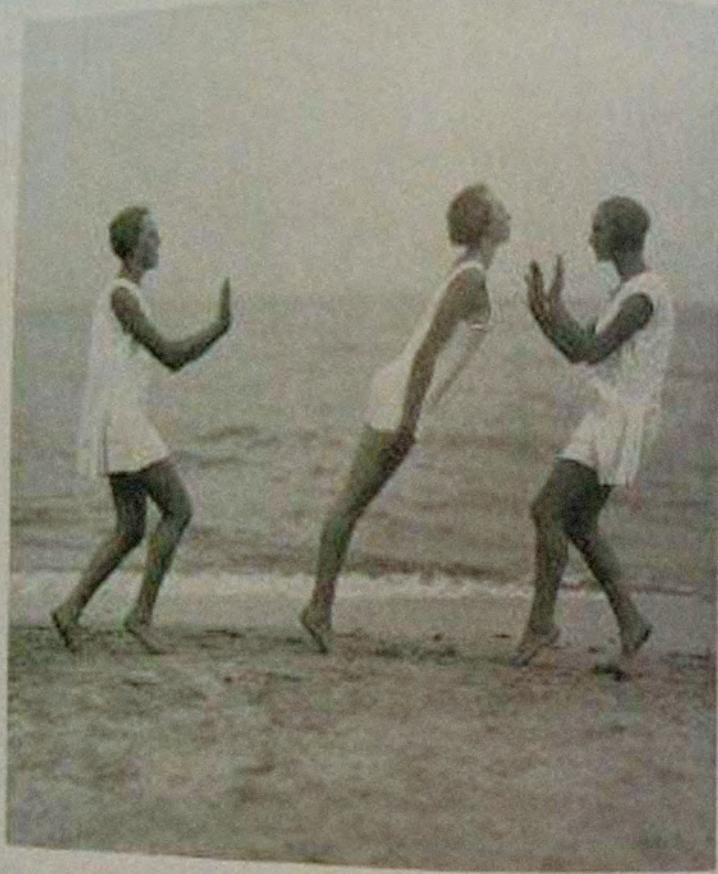
GAIN MUCH OF THEIR SHAPE  
FROM THE OTHERS WHO GUIDE US



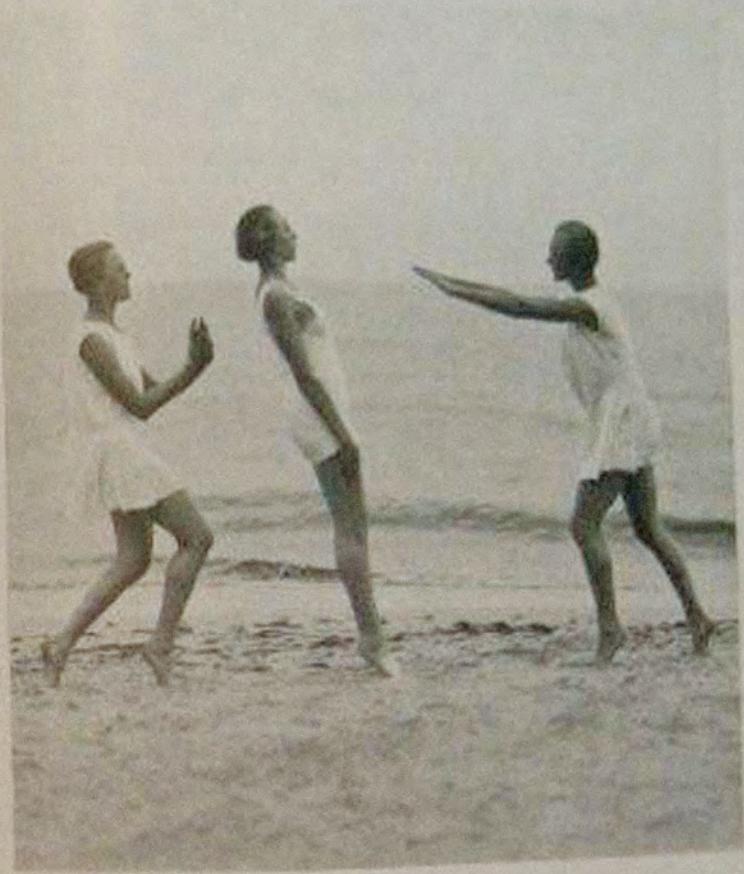
SO WHAT IS IT THAT HAPPENS WHEN  
WE'RE MOVING IN TANDEM



DO WE FOLLOW ONE FORMAT?  
CAN WE ALL FLAIL AT RANDOM?

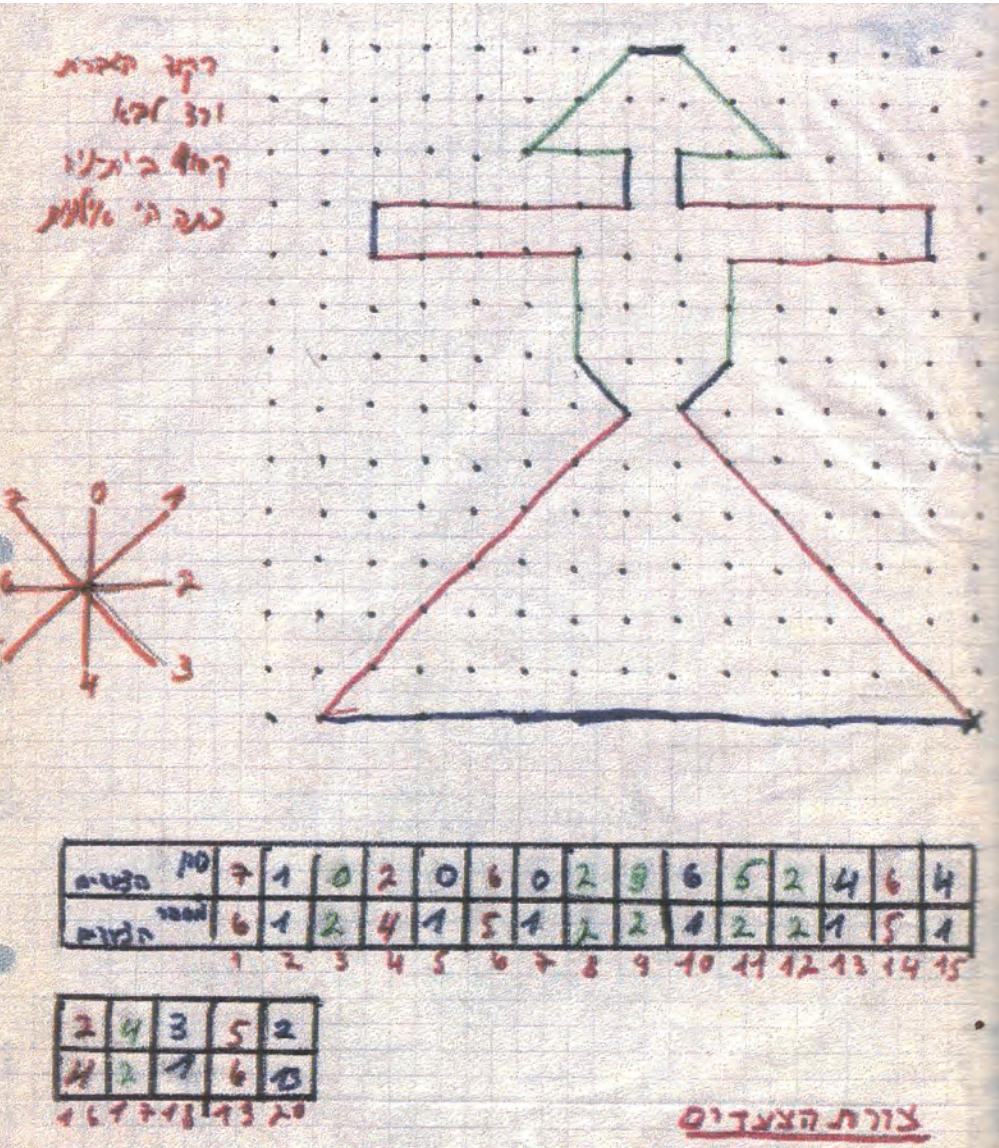


WITH MORE THAN ONE WILLING PARTY  
AND DELIBERATE INTENTION



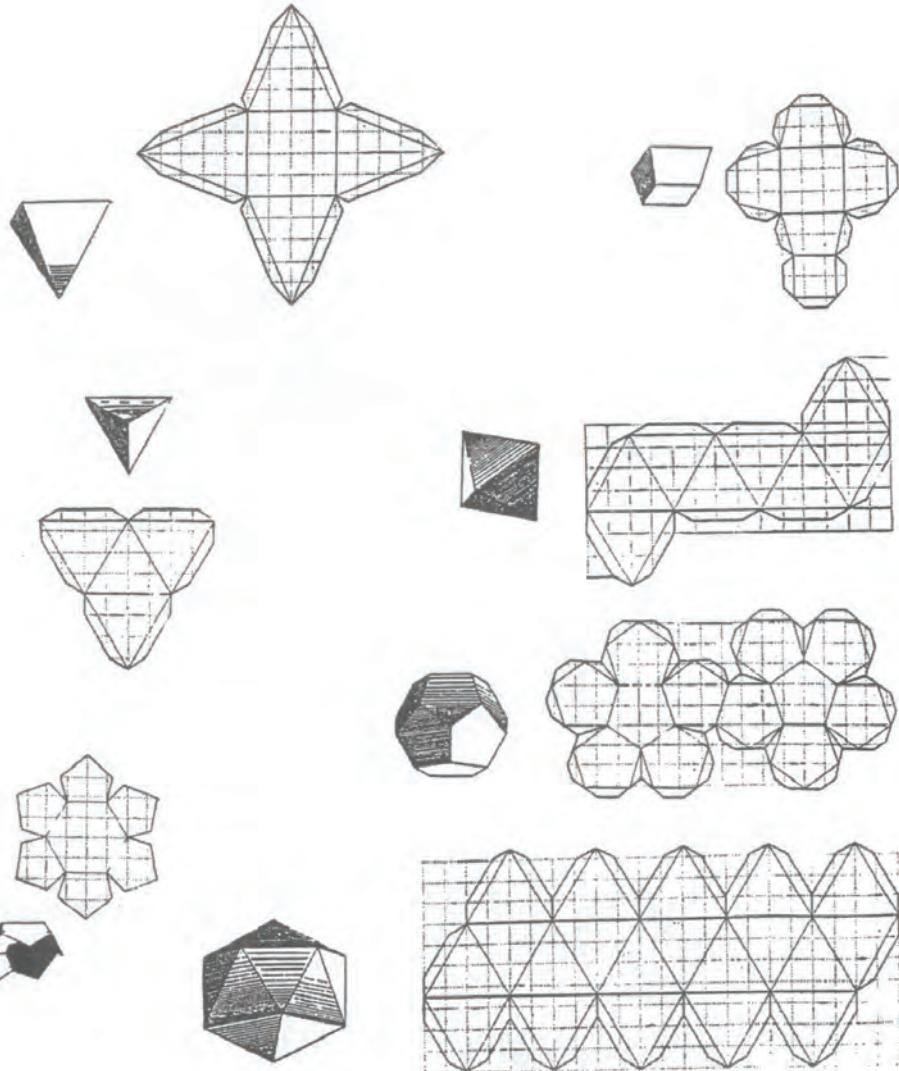
WE ARE PUSHED AND WE'RE PULLED  
SO MANY DIRECTIONS

BUT WHETHER MOVEMENTS ARISE FROM A SOLO VOLITION

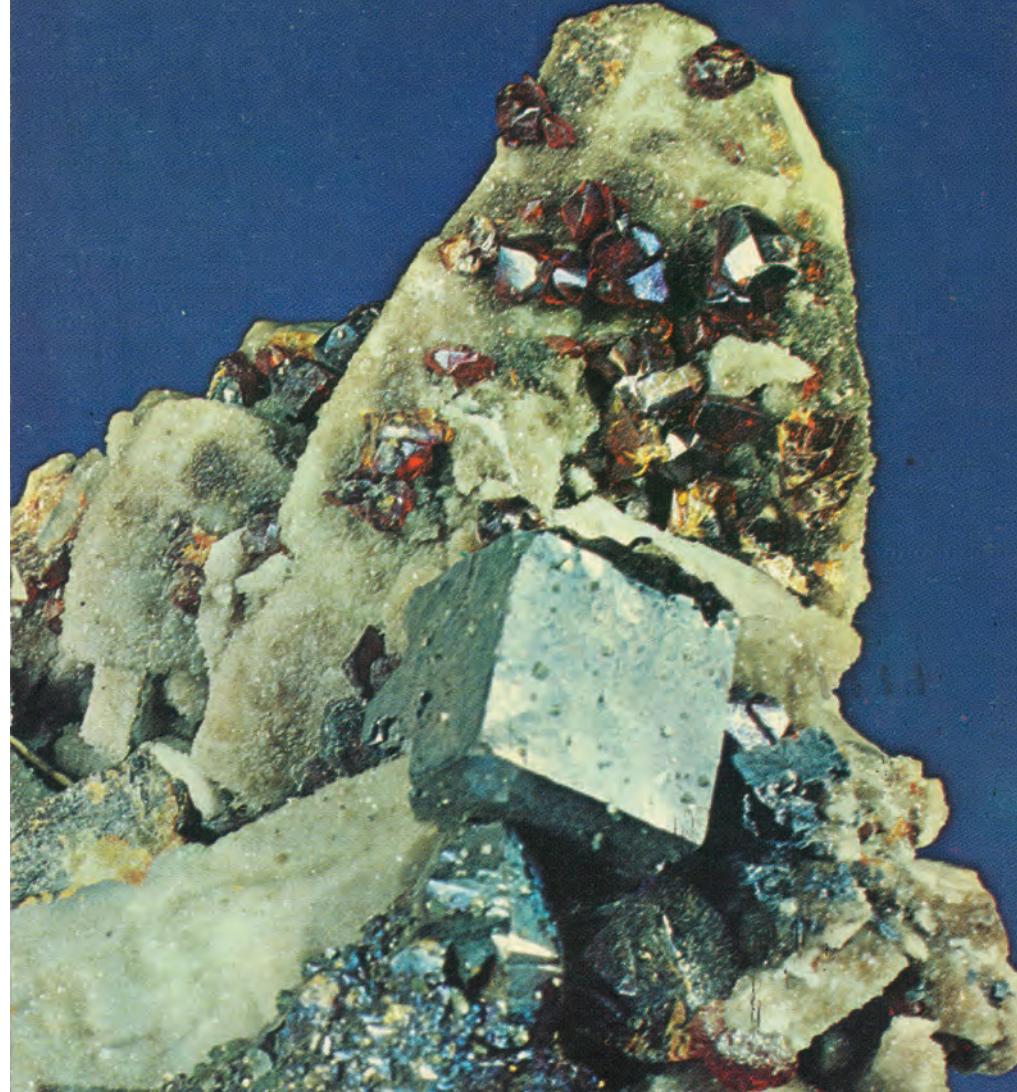


OR ARE COMPLEX AMALGAMS OF GROUP REPETITION

THE PATTERNS WE MAKE  
THROUGH THIS DYNAMIC MAZE



ENABLE OUR GROWING  
UNPREDICTABLE WAYS



## SOURCES OF ILLUSTRATIONS

1. Margaret Morris Dancers, "Mirror Dance," 1932, from the Hulton Archive, Image courtesy Getty Images. 3. Eadweard Muybridge, "Child, running, Plate 469," 1887, Image courtesy Corcoran Gallery of Art. 4. from *Sacred Geometry: Philosophy and Practice* by Robert Lawlor, Thames and Hudson, Ltd., 1998. 5. "Number Puzzles Board," 1993, from the Victoria and Albert Museum of Childhood, London, UK. 6. from *Dr. Montessori's Own Handbook* by Maria Montessori, Schocken Books, Inc., 1969; Book Cover art altered by Anna Craycroft. 7. from *The Development of Children* by Michael Cole and Sheila R. Cole, Scientific American Books, 1989. 8. from *Games Children Play: How games and Sport Help Children Develop* by Kim Brooking-Payne, Hawthorn Press, 2005; illustration by Marije Rowling. 9. from *The Development of Children* by Michael Cole and Sheila R. Cole, Scientific American Books, 1989. 10. from *EWMN part I* by Noa Ashkol with John Harries, The Movement Notation Society, 2001. 11. from *Mobilier Design pour Enfants* by Carole Daprey, Editions Pipaq, 2009. 12. from *The Development of Children* by Michael Cole and Sheila R. Cole, Scientific American Books, 1989. 13. Google Image Search: Cats Cradle, source unknown. 14. from *The Hundred Languages of Children: The Reggio Emilia Approach to Early Childhood Education* by Carolyn Edwards, Lella Gandini, and George Forman, Ablex Publishing Co., 1996. 15. & 16. "Heartflakes" from *Disney Family Fun Magazine*, Image courtesy <http://theoldsfamily.blogspot.com/2011/01/last-few-days.html>. 17. "Children's drawing represented in the catalogue to the 1898 exhibition *The Child as Artist*, held in the Kunsthalle of Hamburg," from *The ABC's of [triangle circle square]: The Bauhaus and Design Theory* edited by Ellen Lupton and J. Abbott Miller, Princeton Architectural Press, Inc., 1993. 18. Andy Warhol, "Untitled (drawing for a children's book, with 6 children)," n.d., image courtesy Yale University Art Gallery. 19. "Radiating Affection" from *Thought Forms* by Annie Besant and CW Leadbeater, The Theosophical Publishing Society, 1905. 20. Daniel Hindes, "Reproductions in color of Rudolf Steiner's black and white figures, following Steiner's color indications," 2005-2009, [http://www.rudolfsteinerweb.com/galleries/Eurythmy\\_Figures/index.html](http://www.rudolfsteinerweb.com/galleries/Eurythmy_Figures/index.html). 21. from *The Development of Children* by Michael Cole and Sheila R. Cole, Scientific American Books, 1989. 22. from *The Development of Children* by Michael Cole and Sheila R. Cole, Scientific American Books, 1989. 23. & 24. from *Gymnastik als Lebensfreude* by Paul Isenfels, Dieck & Co 1930. 25. from *EWMN part I* by Noa Ashkol with John Harries, The Movement Notation Society, 2001. 26. Greg Fleishman, "Play Mountain Space," 1973. 27. from *Intimate Triangle* by Jeanne S. Rubin, Polycrystal Book Service, 2002. 28. "Galena crystal and Ruby Zinc crystals on Limestone, Galena, Kansas," postcard published by Reo N. Pickens, Jr.

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